

1 Convergent evolution of noncoding elements associated with short tarsus length in birds

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6

7 **Abstract**

8 Convergent evolution is the independent evolution of similar traits in unrelated lineages
9 across the Tree of Life. Various factors underlie convergent evolution including convergent rate
10 changes through consistent shifts in substitution rate in the same genes or gene networks. In this
11 study, we use comprehensive phenotypic data to identify seven bird clades with independent
12 shortening in tarsus length and use both comparative genomic and population genetic data to
13 identify convergent evolutionary changes among four target clades with shifts to shorter optimal
14 tarsus length. Using a newly generated, comprehensive set of avian conserved non-exonic
15 elements (CNEEs), we find strong evidence for convergent acceleration in short-tarsi clades
16 among CNEEs, but not protein-coding genes. Accelerated CNEEs in short-tarsi clades are
17 preferentially located near genes with functions in development, with the strongest enrichment
18 associated with skeletal system development. Further analysis of gene networks highlighted this
19 larger role of changes in regulation of broadly homologous developmental genes and pathways
20 as being an integral aspect of limb size variability in birds.

21 Convergent evolution – the independent evolution of similar traits in unrelated lineages –
22 is a common feature across the Tree of Life ^{1,2}. Convergent phenotypes have been associated
23 molecular changes at many levels ^{2,3}, ranging from shared single nucleotide substitutions (e.g.
24 bird coloration ⁴, snake venom ⁵), to parallel rate shifts in protein-coding genes (e.g., adaptation
25 to marine life ⁶ or echolocation ⁷), to repeated changes in putative regulatory sequences (e.g.,
26 *Heliconius* butterfly wing patterning ⁸, stickleback spines ⁹, flightlessness in birds ¹⁰, and limb
27 loss in squamates ¹¹). Understanding the diverse mechanisms facilitating convergent evolution
28 has long been a goal of evolutionary biology.

29 The recent dramatic increase in the number of high-quality genome assemblies
30 encompassing diverse organisms ^{12–14} has facilitated studies on convergent evolution at every
31 scale. High quality annotations of protein-coding genes from many species ^{15,16}, incorporation of
32 ATAC-seq and Chip-seq data ^{17,18}, the capacity to generate large-scale whole genome alignments
33 ¹⁹, coupled with machine learning algorithms to identify regulatory elements ^{20,21} have further
34 aided studies of regulatory changes in convergent evolution. It is, however, important to note that
35 this ‘reverse genomics’ paradigm depends critically on the same genetic loci or gene networks
36 underlying convergent phenotypes; to the extent that when different loci or networks underlie
37 convergent phenotypes, phylogenetic and comparative approaches may be compromised ²².

38 Birds have emerged as an excellent system to study convergent evolution ^{10,23}. They have
39 comparatively small, less-complex genomes that are easy to assemble ^{24,25} and a wealth of
40 phenotypic data that can be mapped on dense phylogenies ^{14,26,27}. Most studies in avian
41 evolution, however, have been focused on relatively few taxa, and large-scale comprehensive
42 studies of convergent evolution encompassing the full diversity of bird species, and the
43 association of such phenotypes with genomic data have not been systematically performed.

44 To address this gap, we focus on tarsus length, an easily repeatable, simple linear
45 character in birds that shows a multitude of forms, from the long legs of flamingos to the short
46 legs in hummingbirds. Hindlimb size, to which tarsus length contributes, is highly correlated
47 with behavior and natural history and hence, yields a vivid picture of the evolutionary pressures
48 underlying species evolution²⁸. For example, in wading birds, long legs are correlated with
49 depth of foraging to reduce drag while moving across the water^{28,29}. Similarly, aerodynamic and
50 fluid dynamic pressures often lead to shorter legs in aerial and swimming birds²⁸. Such extremes
51 of short and long limb length exist along many diverse groups of birds and, hence, make for a
52 great candidate in a study of convergent evolution.

53 In this study, we use a comprehensive functional trait database²⁷ covering most bird
54 species to identify clades with convergent shifts in optimal tarsus length, and then identify
55 evolutionary correlates of those shifts to understand the role of convergent molecular evolution
56 in controlling this important ecological trait. Using a new large-scale whole genome alignment
57 from across the bird tree of life, we report a new set of avian conserved elements, annotated with
58 several resources including ATAC-seq peaks, and identify accelerations in these conserved
59 elements correlated with convergent shifts to shorter tarsus length in birds. We also contrasted
60 convergence in acceleration in conserved elements to changes in protein coding sequences to
61 compare roles of protein coding loci and putative regulatory regions correlated with avian short-
62 tarsus phenotype. To complement these comparative genomic tests, we also use population
63 resequencing data from a subset of the short tarsus clades we identify, and test for selection in
64 both protein-coding and non-coding regions of the genome. Together, these analyses provide
65 strong evidence for convergent evolution associated with putative regulatory regions, but not
66 protein-coding genes, in the evolution of tarsus length.

67

68 **Results**

69 *Multiple shifts in tarsus length across the avian tree*

70 To identify convergent changes in tarsus length among bird groups, we used AVONET²⁷,
71 a comprehensive functional trait database that reports measurements of tarsus length for all bird
72 species. Using a subset of 5405 measurements of body-size-corrected tarsus length that are
73 represented by genetic data in the all-bird phylogeny³⁰, we fit a multi-state Ornstein-Uhlenbeck
74 model (OU) implemented the program *bayou*³¹, which detects adaptive shifts in trait optima
75 across a phylogeny. This analysis yielded seven multi-taxon shifts in tarsus length across the bird
76 phylogeny (Fig. 1A, 1B, Supp. Table 1). Two of these shifts were towards longer tarsi, at the
77 node uniting the crab-plover (Dromadidae) and pratincoles (Glareolidae) and at the node uniting
78 the antpittas (Grallaridae). The remaining five were shifts towards shorter tarsi, at the node
79 uniting tropicbirds (Phaethontidae), hoatzin (Opisthocomidae), and sandgrouse (Pteroclididae); at
80 the node uniting penguins (Spheniscidae); at the node uniting kingfishers (Alcedinidae); at the
81 node united swallows (Hirundinidae); and at the node uniting bulbuls (Pycnonotidae).

82 Based on the availability of genomic resources, we chose to focus on four groups well-
83 represented by genomic resources and with shifts towards shorter optimal tarsus lengths:
84 penguins, kingfishers, swallows, and bulbuls. Using skeletal elements from specimens at the
85 Museum of Comparative Zoology, we validated the shifts in tarsus length in all four groups using
86 the tarsometatarsus bone, the skeletal proxy for tarsus measurements in museum skins, which
87 were shorter in all four focal species than in the respective outgroups (p-values, Cohen's D:
88 bulbul = <0.001, 1.223; swallow = <0.001, 7.142; penguin = <0.001, 2.350; kingfisher=0.032,

89 0.729; Fig. 1C, Supp. Table 2). We also compared the other two limb bones, femur and
90 tibiotarsus, to test if the entire limb was shorter and found this to be the case in swallows (p-
91 values, Cohen's D: femur = 0.010, 4.367; tarsometatarsus = <0.001, 4.835). In penguins and
92 bulbuls, the tibiotarsus was shorter (penguin = 0.007, 1.583; bulbul=0.003, 1.103), but not the
93 femur, while in kingfishers the femur was shortened (0.003, 0.045), but not the tibiotarsus.

94 *A comprehensive catalog of conserved elements in birds*

95 To generate a comprehensive dataset of annotated conserved elements in birds, we
96 combined two previously published sets of avian conserved elements^{10,32} with one published
97 vertebrate-wide set of conserved elements (UCSC) and two new avian conserved element sets
98 generated with chicken and zebra finch as reference genomes respectively (Supp. Fig. 1A) using
99 a 79-genome Cactus alignment that also included multiple taxa from all four focal clades (Fig.
100 2A, Supp. Table 3). All five sets of conserved elements were mapped to the chicken assembly
101 *bGalGall.mat.broiler.GRCg7b* (Refseq Accession: GCF_016699485.2; subsequently referred to
102 as galGal7b), resulting in a total of 1,117,392 elements with a mean substitution rate of 38% of
103 the neutral rate (mean rho=0.38; Fig. 2B, Supp. Fig. 2). Based on per-base conservation scores
104 computed from a 363-species avian whole genome alignment¹⁴, 57.2% of bases were strongly
105 conserved in an average conserved element (Fig. 2C, Supp. Fig. 3). To account for alignment
106 quality issues and missing data, we filtered out elements with less than 30% strongly conserved
107 bases, leaving a final set of 932,467 conserved elements (median length 71 bp, mean length 122
108 bp, maximum length 4620 bp; Fig. 2B, Supp. Fig. 1A, 4). These elements span the genome but
109 were overrepresented in genes (Fisher's exact test simulated $p < 0.01$, odds ratio 1.61): 28.11%
110 of the conserved bases overlap exons, 44.22% spans introns, compared to 26.79% in intergenic
111 regions (Supp. Fig. 5). Upon comparing the conservation status of these elements with those in

112 mammals to assess the phylogenetic specificity, we recovered homologous regions for 35.0% of
113 the elements. Using the Zoonomia 241-species whole genome alignment¹⁹, approximately 72%
114 of these homologous elements were also highly conserved in mammals (Supp. Fig. 6).

115 To better understand the putative regulatory function of these conserved elements across
116 birds, we used previously published open-chromatin regions identified by ATAC-seq, which
117 measures accessibility of DNA to transcription factors and is likely correlated with active
118 transcription and regulatory sequence¹⁸. We re-called ATAC-seq peaks from multiple replicates
119 of 36 embryonic chicken tissues from eleven published studies (Supp. Table 4) to generate a
120 consistent and comparable set of ATAC-seq peaks predicted on the galGal7b reference genome.
121 ATAC-seq peaks were called using Genrich (<https://github.com/jsh58/Genrich>), resulting in
122 860,472 open chromatin regions (mean length 226 bp; Supp. Fig. 7A) representing
123 approximately 18.8% of the genome. Of these, 476,451 (55.37%) were unique to only one of the
124 36 tissues analyzed, and 5332 were present in all 36 tissues (Supp. Fig. 7B); similar tissue types
125 and closer embryonic developmental stages were more correlated with one another and share
126 more ATAC-seq peaks than dissimilar tissues or developmental stages (Supp. Fig. 8, 9).
127 Conserved elements were strongly enriched among ATAC-seq peaks (Fisher's exact test
128 simulated $p < 0.01$, odds ratio 1.69): 363,838 ATAC-seq peaks (40.43%) overlapped with
129 conserved elements (Supp. Fig. 5).

130 *Convergent evolution of putative regulatory elements accelerated in short-tarsi clades*

131 To identify patterns of acceleration and convergence in our set of avian conserved
132 elements in short-tarsi clades, we used PhyloAcc³³, a Bayesian phylogenetic framework that
133 allows inference of branch-specific shifts in conservation state (Supp. Fig. 1B). We ran three
134 models with PhyloAcc—a null model that does not allow an element to experience acceleration

135 on any lineage; a target model that allows acceleration only in focal lineages (in this case, the
136 species with short tarsi); and a full model that allows acceleration in any lineage—for 726,331
137 conserved non-exonic elements (CNEES) using respective neutral models generated for
138 macrochromosomes, microchromosomes, and Z chromosome. Using Bayes factors to compare
139 models, we identified 14,422 CNEEs where the target model is supported over the null model by
140 a Bayes factor of at least 10 (Supp. Fig. 10), implying strong evidence for acceleration in at least
141 one short tarsi species. These accelerated elements had a mean conserved rate 0.26 times slower
142 and a mean accelerated rate 1.91 faster than the neutral rate (Supp. Fig. 11). To exclude
143 idiosyncratic acceleration in a single species, we focused on the 7948 CNEEs that are accelerated
144 in all species within the relevant focal clade(s) (or more than 3 penguins), which we
145 subsequently refer to as the short-tarsi broad dataset (Supp. Fig. 1C). We also identified a subset
146 of 403 accelerated elements where the target model is supported over the full model by a Bayes
147 factor of at least 5, representing elements with evidence for acceleration exclusively in short-tarsi
148 species (the short-tarsi specific dataset subsequently; Supp. Fig. 1C).

149 Short-tarsi accelerated elements were convergently shared between the four focal groups.
150 Using hypergeometric tests, we found evidence for more shared acceleration in the short-tarsi
151 broad dataset between all pairwise groups of swallow, kingfishers, and penguins than expected
152 by randomness (p values-swallow vs kingfisher: 1.46×10^{-9} , swallow vs penguin: 7.55×10^{-2} ,
153 penguin vs kingfisher: 1.68×10^{-167}), although not between bulbuls and other groups. In the
154 short-tarsi specific dataset, we found evidence for shared acceleration between bulbul and
155 penguin (6.88×10^{-3}), penguin and kingfisher (3.71×10^{-2}), and penguin and swallow (6.67×10^{-2}).
156 Using comparable outgroups for each of the four clades, we found evidence for higher
157 number of shared accelerated elements in the short-tarsi broad dataset between all four clades

158 (Fisher's p -value < 0.01), between three-way comparisons of bulbul, swallow, and penguin ($<$
159 0.01) and between bulbul, kingfisher, and penguin (< 0.01), and two-way comparisons of bulbul
160 and kingfisher (0.03), bulbul and penguin (< 0.01), and kingfisher and penguin (< 0.01) (Fig.
161 3A).

162 *Evidence of positive selection on short tarsi accelerated elements*

163 For two focal groups with publicly available population level whole-genome
164 resequencing data, bulbuls³⁴ and swallows³⁵, we also evaluated evidence for selection. Using a
165 modified McDonald-Kreitman test^{36,37} comparing fixed and polymorphic sites in accelerated
166 elements to those in synonymous sites in the closest protein coding genes, we found 54 elements
167 showing positive selection and 17 elements showing relaxed constraint in bulbuls (Fig. 3B) and
168 138 elements showing positive selection and 20 elements showing relaxed constraint in swallows
169 (Fig. 3C). While we did not recover any significantly enriched GO terms, several elements near
170 limb development genes that have been implicated in short limb phenotypes were found to be
171 positively selected. In bulbuls, two positively selected elements were present near *SMAD2* and
172 *RUNX2*. *SMAD2* facilitates downstream Tgf expression, misregulation of which has been shown
173 to lead to shorter limbs in rats³⁸. Dosage changes of *RUNX2* has also been shown to reduce limb
174 size through its effect on cartilage development^{39,40}. Similarly, two Wnt genes important for limb
175 development, *WNT5A* and *WNT7A*, had conserved elements nearby that were positively selected
176 in swallows. Loss of function of *WNT5A* is known to result in short limbs as it leads to an
177 inability of extension of the AP-axis⁴¹. *WNT7A* performs multiple functions in the developing
178 limbs and misregulation can lead to various defects of limb development⁴².

179 Since each conserved element is relatively short, we also evaluated evidence of selection
180 in a combined set of all conserved elements within 10 kb of each gene (referred to as CE cluster),

181 including elements within intronic regions of the gene. Using an alpha selection cutoff of 0.5, we
182 found 104 positively selected CE clusters in bulbuls (Supp. Fig. 12A) and 263 in swallows
183 (Supp. Fig. 12B). No GO term was found to be enriched in genes near CE clusters in either
184 bulbuls or swallows. However, among the 19 CE clusters that were positively selected in both
185 bulbuls and swallows, we identified one near the limb development gene *SHH*. *SHH* is an
186 important limb development gene with many functions in limb formation and limb patterning ⁴³,
187 and could have a role in limb shortening.

188 *Short tarsi accelerated elements are associated with open chromatin and limb development*
189 *genes*

190 Short tarsi accelerated elements were more likely to be within open chromatin regions
191 than a randomly sampled conserved element (Fisher's T-test p-value: < 0.01, odds ratio: 1.98).
192 Of the 7948 accelerated elements in the short-tarsi broad dataset, 4151 (52.2%) overlapped
193 chicken ATAC-seq peaks of which 1575 were open in chicken hindlimbs at HH18 stage while in
194 the short-tarsi specific dataset, 216 of the 403 elements (53.5%) overlapped ATAC-seq peaks
195 with 102 elements open in hindlimbs at HH18 stage. Since the ATAC-seq peaks were based on
196 chicken experiments, and not the target species, to account for possible variation in chromatin
197 openness across the phylogeny, we used TACIT ²⁰, a convolutional neural network-based
198 machine-learning approach, to train a classifier allowing us to predict the probability of elements
199 being open in the other species. Using the ATAC-seq peaks called for the hindlimb tissue at the
200 HH18 stage for chicken and emu ⁴⁴ as the training dataset to predict ATAC-seq peaks in all
201 species, we found, in the short-tarsi broad dataset, 110 elements that were open in the chicken
202 but predicted as closed in the accelerated lineages and 99 elements where the chicken state was
203 closed but was predicted to be open in the accelerated taxa (Supp. Table 5). While functional

204 enrichment test of GO terms of genes near these elements yielded no enriched GO categories,
205 some elements near limb development genes like *ETSI* and cartilage development genes like
206 *SOX5* and *SOX9* had shifts in openness in our short-tarsi target lineages.

207 Short-tarsi accelerated elements were specifically enriched for genes that were involved
208 in skeletal and limb development. Using PANTHER to categorize GO (Gene Ontology)
209 biological process terms associated with 5008 and 445 genes within 10kb from the short-tarsi
210 broad and specific dataset respectively, we found 30 and 80 GO categories that were statistically
211 overrepresented, while accounting for the nonrandom distribution of CNEEs in the genome (see
212 Methods for details; Supp. Table 6). Based on semantic similarity between terms (as calculated
213 by *simplifyEnrichment*⁴⁵), the biological processes enriched in the broad dataset include
214 appendage development, nitrogen response and cellular transport (Fig. 4A), while the biological
215 processes enriched in the specific dataset include regulation, appendage development,
216 organization, Wnt signaling, and stem cell proliferation (Fig. 4B). To identify genes and
217 pathways most relevant to the short tarsi phenotype, we looked specifically for functions that are
218 more strongly enriched in the short-tarsi-specific dataset than the short-tarsi-broad dataset.
219 Eleven GO categories showed dramatic increases in enrichment in the short-tarsi specific dataset
220 that included three—embryonic skeletal system development, chondrocyte differentiation, and
221 forelimb morphogenesis—that are related to limb development (Supp. Fig. 13).

222 *Gene-level regulatory convergence in genes with known functions affecting limb*

223 While there were significantly enriched GO terms for genes near accelerated CNEEs that
224 related to skeletal system development, GO categories can be quite generalized and often
225 incomplete and biased⁴⁶, so we additionally looked for accelerated CNEEs in known pathways
226 linked to limb development (Fig. 4C, Supp. Fig. 14). We found multiple clusters of genes

227 relevant to skeletal and limb development near accelerated elements (Fig. 4C), many of which
228 show evidence for convergent acceleration at the gene level (defined as accelerated CNEEs near
229 that gene in multiple focal taxa, regardless of whether the specific accelerated CNEEs are the
230 same or different among focal taxa).

231 Two genes are particularly notable: *FGF10* and *PITX1*, which are both active in early
232 embryonic limb development through limb field positioning (Fig. 4C)^{43,47}. Eleven elements
233 near *FGF10*, an integral protein required in early limb development, the misregulation of which
234 can result in severe truncation of limbs^{48,49}, were accelerated across all four focal groups. *PITX1*,
235 with 2 nearby elements accelerated across penguins and bulbuls, is a hindlimb specific
236 homeodomain factor, which can cause long bones in the hindlimb to be shortened if altered⁵⁰.
237 Another gene, *MEIS1*, overexpression of which affects proximodistal limb axis development⁵¹,
238 was near 9 elements accelerated across bulbuls, swallows, and kingfishers.

239 Hox genes, *SOX9* (which can lead to short limbs through its activity at multiple stages of
240 chondrocyte differentiation^{52,53}) and two Wnt pathway genes (*WNT5B* and *WNT11*, both
241 facilitating chondrocyte differentiation⁴²) also show evidence for gene-level convergent
242 acceleration. Two elements near *SOX9* and are accelerated in bulbuls, kingfishers, and penguins
243 while *WNT5B* is accelerated in kingfishers and penguins and *WNT7B* accelerated in bulbuls and
244 kingfishers. Among Hox genes, convergently accelerated elements were present close to *HOXA9*
245 as well as a *HOXB* and *HOXD* cluster. Hox genes, especially from the 9-13 group, are expressed
246 along proximal and distal limb elements and facilitate proximodistal patterning different regions
247 of the hindlimb⁵⁴⁻⁵⁷. Hox genes also act in a dosage-dependent manner and the regulation of
248 Hox genes especially groups 10 and 11 can have highly significant effects on limb size and
249 development⁵⁸. Hox genes, however, tend to be clustered together in the genome⁵⁹, such that

250 multiple Hox genes are near multiple conserved elements, which prevents us from identifying
251 specific Hox genes that are associated with a particular element.

252 *Species-specific motif changes in accelerated elements*

253 A few accelerated elements showed species specific gains in motif binding sites in genes
254 relevant for limb development. Using MAST to annotate motifs for genes in known limb
255 development pathways ⁴³ in accelerated elements of the focal groups, we found five potential
256 gains of new motifs in specific focal lineages (Table 1). Two novel motifs for Meis1 and Fos
257 were detected in an accelerated element near *ETS1* in swallows. While these genes are integral
258 for limb development, we did not find any previous work suggesting direct interaction between
259 these genes. This element overlapped with a chicken ATACseq peak but was predicted to be
260 closed in swallows, suggesting changes in chromatin accessibility at development. We also
261 recovered a potential Tbx4 motif in an accelerated element among Hox cluster a9-a11 and a
262 Tbx18 motif in an accelerated element near *SOX9* in kingfishers. TBX4 has been shown to
263 interact with HOXC11 and HOXD11 and binding to T-box-Hox composite DNA motif that then
264 show synergistic activity in downstream processes ^{47,60}. *TBX18* is expressed in early limb
265 development and facilitates somite maturation especially in the stylopod portion in the limbs ⁶¹.
266 *TBX18* and *SOX9* interactions have been observed in the development of the urinary system in
267 mice ⁶² but their specific interaction in limb development is unknown. Similarly, we found a
268 Hoxc12 motif in an accelerated element near *SMAD2* in bulbuls. Smad is known to downregulate
269 Hox expression, which then affect the downstream expression of Bmp genes ⁶³. This element,
270 ce1117607, also showed a significant value of positive selection (dos = 0.86) in the modified MK
271 test for bulbuls (Fig. 3B) suggesting an active functional change and subsequent selection in
272 bulbuls. While the specific Hox interactions that we observed have not been reported, due the

273 redundancy of paralogous Hox genes, these alternate Hox genes could facilitate similar
274 morphological variation ^{54,57}.

275 *Positively selected genes do not show convergent selection in short-tarsi focal groups*

276 Using multiple approaches, we failed to find evidence of convergent evolution of protein
277 coding sequences in short-tarsi focal clades, in contrast to extensive evidence for convergence in
278 putative regulatory elements (CNEEs). We recovered 9854 one-to-one orthologous loci using
279 TOGA with subsequent filtering for quality and number of taxa. Using aBS-REL ⁶⁴, a branch-site
280 based test of selection that accounted for synonymous rate variation ⁶⁵, we identify 1534 genes
281 with selection in least one short-tarsi focal clade. While pairwise hypergeometric tests for each of
282 the four lineages showed evidence for more shared genes showing selection than random among
283 genes in the four focal groups except for between swallow and bulbul, and between bulbul and
284 kingfisher (Supp. Table 6), Fisher's exact test comparing genes under selection in the focal group
285 and in representative outgroups showed no evidence of convergence for any pairwise, three-way,
286 or four-way comparisons (Supp. Table 6). GO enrichment analysis of these 1534 genes also did
287 not recover any significantly enriched GO category, suggesting little evidence for convergence at
288 the pathway level.

289 Assessing selection using the population resequencing data for bulbul and swallow by
290 applying the MacDonald-Kreitman test ³⁶, which compares synonymous and non-synonymous
291 polymorphism to divergence in order to identify genes with an excess of non-synonymous
292 fixations, modified to account for the likelihood that rare non-synonymous polymorphisms may
293 represent weakly deleterious mutations ⁶⁶, we fail to detect evidence for convergent positive
294 selection. We found 1069 loci positively selected in bulbul and 2584 in swallow (Supp. Fig. 15).
295 Of these 322 selected genes were shared between bulbul and swallow. The number of shared

296 genes was not significantly higher than expected by chance ($p=1.0$). In bulbuls, 21 GO terms
297 were enriched and in swallows, 75 GO terms were enriched but none of the terms were relevant
298 to limb or skeletal development. These results are consistent with previous studies showing
299 relatively little evidence for convergent signals in protein-coding genes associated with skeletal
300 morphology¹⁰.

301

302 **Discussion**

303 Shorter tarsi are common in highly aerial birds (birds spending a considerable proportion
304 of their time on the wing), hanging, or climbing birds, and swimming species²⁸. The six groups
305 we found with shifts to short tarsi follow the predictions from²⁸ with swallows, an aerial
306 insectivore; pratincoles and tropicbirds, aerial feeding sea birds; and kingfishers and penguins,
307 two diving and plunging species. Sandgrouse, an arid adapted group of birds, have short tarsi
308 potentially as an adaptation to living in xeric environments⁶⁷. The short tarsi in hoatzin, a
309 species with unusual locomotory strategies in juveniles⁶⁸, may be driven developmental
310 constraints of this behavior. Bulbuls, an insectivorous and frugivorous group of passerine birds
311 found throughout Asia and Africa, do not neatly fall into any category of adaptive explanation for
312 shorter limbs. However, taxon names such as *Microtarsus*, *Micropus*, *Hemitarsus*, *Brachypodius*,
313 and *Brachypus* have been applied to many bulbul species⁶⁹ indicating their inclusion among
314 short-tarsi birds is expected. One species-rich aerial insectivore group, the Strisores (swifts,
315 hummingbirds, nightjars, and allies) is noticeably absent in our results for short tarsi. This result
316 is probably a caveat of the approach we used, which involved splitting the dataset into multiple
317 superclades and running independent runs of *bayou*, a practice that prevents us from detecting

318 shifts occurring towards the base of the tree. Even without the Strisores, the other groups in our
319 analyses include a well-supported list of birds known to have short tarsi.

320 Our results support previous studies of convergence in limb morphology suggesting
321 convergent evolution in regulatory elements putatively associated with genes in the same
322 developmental pathways facilitate changes in limb-related phenotypes. In palaeognaths,
323 convergent evolution of forelimb shortening was correlated with changes in rates of nucleotide
324 substitutions in regulatory elements of broadly homologous developmental genes and pathways,
325 albeit often involving different regulatory elements¹⁰. Similarly, limb variation in *Anolis* lizards,
326 a clade in which multiple shifts in limb length have occurred, involves different elements near
327 concordant early development pathways that influence limb length⁷⁰⁻⁷². In our study, we found
328 multiple genes along the same limb development pathways with accelerated elements in different
329 genes in different focal groups; some elements additionally show evidence for positive selection
330 or new DNA-binding motifs of genes involved in limb development in specific focal taxa,
331 supporting the importance of pathway level convergence.

332 In many morphologically convergent phenotypes, especially skeletal traits, regulatory
333 elements undergoing convergent acceleration show more functional coherence than do positively
334 selected protein coding loci for convergent phenotypes⁷³. While we find limb development
335 pathways are significantly enriched among accelerated elements, tests of positive selection in
336 protein-coding genes do not yield any overrepresented function relevant to limb development.
337 Although some overlap between positively selected genes and genes near accelerated elements
338 are expected, and changes in genes themselves probably do play some role in the short limb
339 phenotype, our results show a much larger signal for the role of regulatory regions than protein-
340 coding genes.

341 Our results suggesting a strong association of convergence in shifts to short tarsi in birds
342 to accelerated rates of substitution in conserved elements in genes near limb development
343 pathways can be utilized for future developmental studies to validate the role of these elements
344 in limb development. This study also provides an annotated, comprehensive list of conserved
345 elements that can be utilized in many future studies on convergent evolution in birds. The nearly
346 one million elements provided in this study can be lifted over to any other genome and hence
347 will be useful for the scientific community in general to use as a basis of their studies. The
348 inclusion of chicken embryonic ATAC-seq peaks can be used to enhance further studies to
349 understand the developmental role of the noncoding regulatory elements in-vitro or in-vivo. The
350 general approaches we applied and resources we provided in this project can be applied to a
351 diverse array of phenotypes and help better understand the evolutionary toolkit underlying
352 phenotypic diversity across the Tree of Life.

353

354 **Methods**

355 Briefly, our main goals were to identify convergence in limb-size change in birds and use
356 a newly generated comprehensive annotated list of conserved elements to find acceleration in
357 conserved non-exonic elements (CNEEs) that are correlated to changes in limb size. We
358 identified such shifts among the entire avian lineage using a reversible jump multi-optima OU
359 model and then used the list of conserved elements to find evidence of acceleration in
360 substitution rates using the PhyloAcc framework³³. We further investigated the genes around
361 accelerated CNEEs to identify potential candidate genes and pathways that are associated with
362 shifts in tarsus length in birds. All code used in this project is available as RMarkdown files in
363 the supplement.

364 *Assessing convergence in shifts to short-tarsi in birds:*

365 *Locating shifts in tarsus length*

366 To locate shifts in tarsus lengths in birds, we used a reversible jump multi-optima OU
367 model implemented in a Bayesian framework using the program *bayou*³¹. The tarsus length data
368 was obtained from AVONET²⁷ along with the phylogenetic tree from³⁰ that was used and
369 modified by⁷⁴ with tips mapped between phylogenetic tree and morphological traits. The tarsus
370 length values for 5405 species were log-transformed and used as input of *bayou*. We also
371 included log-transformed values of body weight for each species as a correlate in the *bayou*
372 model. Because of the high computing-time requirements to run these models in very large trees,
373 we used an approach similar to⁷⁴ to divide the dataset into smaller clades. The full dataset was
374 divided into 18 clades (with 19 to 781 species; Supp. Table 1C). As mentioned in⁷⁴, one
375 limitation of this approach is that shifts at the base of these clades cannot be explicitly tested.
376 However, for the purposes of this project, we decided to focus only on shifts within these clades.

377 Our priors for *bayou* follow similarly to those used by⁷⁴. For each clade, we set a
378 Poisson prior distribution on the number of allometric shifts (dk). We used a minimum λ
379 parameter of 0.05 times the number of species (2%) in that clade rounded up to the nearest
380 integer or a value of 1 if this number was less than 1. For the maximum λ parameter, we used a
381 value of 0.5 times the number of species (50%). We used a uniform prior on the probability of
382 location of shift over all branches on the phylogeny ($dloc$). We set half-Cauchy prior
383 distributions on α and σ^2 ($dalpha$ and $dsig2$) with a scale parameter of 0.1. For slopes ($dtheta$),
384 we used a normal distribution with a mean of 0.3 and a standard distribution of 0.5 based on the
385 assumption of cubic isometry of body weight and tarsus length. For intercepts ($dbeta_lnMass$),
386 we also used a normal distribution with a mean value of 2 and standard deviation of 0.5. For each

387 clade, we ran short 50,000 generation runs to adjust tuning parameters. We updated prior values
388 of α , β , σ^2 and θ to get the acceptance ratio between 0.2 and 0.4.

389 For each clade, we ran two parallel runs for a minimum of 20,000,000 generations,
390 sampling every 100 generations with a burn-in of 50%. Convergence of runs was checked by
391 calculating Gelman and Rubin's R using the *gelman.R* function in *bayou* for all estimated
392 parameters. For runs where the effective sample size (ESS) was less than 200 or R was greater
393 than 1.05, we continued the MCMC run for 10,000,000 generations. We continued this process
394 until the ESS was greater than 200 and R was less than 1.05 or we reached 50,000,000
395 generations, because of the high computing resources required. For a few runs, particularly those
396 with more than 700 species, we did not reach convergence in some parameters, especially if the
397 different runs had stabilized on different number of shifts but we kept the shifts that were present
398 in both runs (Supp. Table 1A, 1B). To identify shifts, we compared the posterior probability
399 between the two runs and inferred shifts in branches that had similar posterior probability scores
400 greater than 0.1. In cases where we did not see convergence among runs, we only chose shifts
401 that were common between the two runs.

402 We focused on groups that had shifts to shorter tarsus lengths. In order to determine
403 whether only the tarsus was shorter or if all three limbs of the hind bone were shortened, since
404 different mechanisms might underlie the different phenotypes, we measured the length of the
405 femur, tibiotarsus, and tarsometatarsus bones of representative species of the four target lineages
406 and their sister group available at the Museum of Comparative Zoology (Supp. Table 2). For the
407 tibiotarsus, the length to the top of the cnemial crest was not included in the measurement of
408 penguins and Procellariiformes as the Procellariiformes had highly extended cnemial crests. To
409 avoid measurement bias, SBS measured all the bones using the same calipers, except for the

410 penguins and Procellariiformes, which were measured using a larger set of calipers to account for
411 the much longer bones. In total, we measured the three bones for 7 penguins and 11 tube-nosed
412 birds (Procellariiformes), 11 kingfishers and 12 non-kingfisher Coraciiformes, 10 swallows and 3
413 warblers, and 12 bulbuls and 20 babblers.

414 *Assembling a comprehensive list of conserved elements:*

415 *Genome alignments*

416 79 genomes (Supp. Table 3) were selected for alignment using Progressive Cactus¹⁹. The
417 selection of genomes was based on several criteria. We included multiple species of the four
418 target lineages and complemented that with genomes of taxa interspersed across the avian tree of
419 life for background. We also selected only high-quality genomes with most genomes having a
420 scaffold N50 greater than 10 Mb. Two genomes from *Gallus gallus*,
421 *bGalGall.mat.broiler.GRCg7b* (GCF_016699485.2; henceforth referred to as galGal7b) and
422 galGal4 (GCA_000002315.1), were used for backward compatibility with previous alignments
423 that used galGal4 as the reference genome. A few genomes of target group taxa were included
424 even if they did not meet the criteria for high-quality. The genome of a crocodylid, *Gavialis*
425 *gangeticus* (GCA_001723915.1), was included as the outgroup to birds. Most genomes were
426 published genomes from NCBI. For three species, *Struthio camelus*, *Dromaius novaehollandiae*,
427 and *Rhea americana*, we included newly scaffolded genomes from DNAZoo
428 (<https://www.dnazoo.org/assemblies>). The genome for *Macronectes giganteus* was downloaded
429 from <http://genome.kusglab.org/>⁷⁵.

430 All genomes were already soft-masked for repetitive elements except for the *Macronectes*
431 *giganteus* genome. For that species, we used RepeatModeler v2.0.3⁷⁶ to generate repeat library.

432 Then we used RepeatMasker v4.0.6 to first mask repeats using the native Aves repeat library and
433 then the repeat library generated from RepeatModeler. For *Brachypodius melanocephalos*, we
434 supplemented the published genome (GCA01339861.1) with scaffolds from the Z chromosome
435 that were missing in the original assembly³⁴ using the approach mentioned in⁷⁷, which was
436 similarly lacking Z chromosome scaffolds as a potential consequence of assembly process by
437 Dovetail Meraculous contig assembly pipeline. For all genomes we removed scaffolds that were
438 smaller than 1000 bp to prevent Cactus runs from failing due to their small size.

439 For the guide tree needed for progressive cactus, we used the tree from¹⁴ where we kept
440 only the tips for the species selected for alignment. We added tips that were missing in the tree
441 file but are present among the selected taxa for genome alignment. The *Gavialis gangeticus* tip
442 was appended to the outgroup. Tips for *Eudypula novaehollandiae*, *E. robustus* and *E.*
443 *albosignata* were appended to the tip with *E. minor*. The tip for *Eudypetes schlegeli* was appended
444 to *E. chrysolophus*. For *Lichenostomus cassidix*, *Corvus cornix*, *Brachypodius melanocephalos*,
445 and *Emberiza elegans*, the tips for *Lichenostomus melanops*, *Corvus corone*, *Brachypodius*
446 *atriceps*, and *Emberiza buchanani* respectively were substituted. The node for *Gallus gallus* was
447 duplicated to accommodate the two chicken genome assembly versions.

448 We used the gpu based implementation of progressive Cactus v2.1.1 to align the genomes.
449 We used the snakemake based implementation of cactus from
450 https://github.com/gwct/GenomeAnnotation/tree/master/genome_alignment to set up the cactus
451 alignment. The Harvard Cannon Supercomputing Resources were used for the run.

452 *Generating list of conserved elements*

453 We used a combined approach of using available lists of conserved elements and
454 generating a new list of conserved elements to come up with a comprehensive list of conserved
455 elements. All elements were mapped to the *Gallus gallus* genome galGal7b. Previously
456 available list of conserved elements come from an evaluation of conserved elements in
457 palaeognathous birds¹⁰ (henceforth referred to as ratite dataset), conserved elements from vocal
458 learning birds³² (henceforth referred to as the vocal dataset), and conserved elements from a
459 100-way alignment of vertebrate genomes (<http://genome.ucsc.edu/index.html>; henceforth
460 referred to as the UCSC dataset). The conserved elements for ratite dataset were lifted over from
461 the galGal4 genomic coordinates (GCF_000002315.3) to the galGal7b genomic coordinates
462 using the NCBI Genome Remapping Service
463 (<https://www.ncbi.nlm.nih.gov/genome/tools/remap>). The lifted over file was cleaned using
464 bedtools merge to join fragmented regions and then filtered for elements less than 20 bp and
465 greater than 5000 bp. For the vocal dataset, the three individual list of conserved elements from
466 hummingbirds, parrots, and oscines were lifted over from the galGal5 genomic coordinates
467 (GCF_000002315.4) to the galGal7b genomic coordinates. The three datasets were then merged
468 using bedtools merge into a single file and only elements between 20 bp and 5000 bp were
469 retained. The UCSC dataset was originally in the hg38 human coordinates. We used UCSCs
470 *liftover* tool using the chain file hg38TogalGal4 to first convert to chicken galGal4 coordinate
471 system, and then subsequently to galGal7b coordinates system using NCBI Genome Remapping
472 Service. Similar to the other two datasets, fragmented regions were merged together, and then
473 elements less than 20 bp and greater than 5000 bp were filtered out.

474 To generate a new list of conserved elements de novo, we used phastCons⁷⁸. Before we
475 can get a list of conserved elements, we need to calculate the rates of neutral evolution and

476 conserved evolution. For neutral rates, we generated a bed file of four-fold degenerated sites
477 from our 79-genome cactus alignment using the *hal4dExtract* command of the HALtools
478 package and the annotated feature files (gff) for chicken. We generated separate bed files for
479 chicken macrochromosomes (1 through 12), microchromosomes (13 through 38), and Z
480 chromosome. Alignments for the four-fold degenerate sites were generated using the *hal2maf*
481 command of the HALtools package, with galGal7b as the reference genome. The neutral rate for
482 macrochromosomes, microchromosomes, and the Z chromosome was then estimated using
483 phyloFit⁷⁹. For the conserved rate, we generated whole chromosome alignments for only non-
484 target lineages since we are interested in acceleration in conserved sites in target lineages. We ran
485 phastCons to estimate conserved rate by estimating ρ (rho), the mean substitution rate in
486 conserved elements relative to the neutral rate. The values of ρ were estimated for each chicken
487 chromosome independently. For macrochromosomes, we used a GC value of 0.42 (mean of GC
488 content of all macrochromosomes), 0.52 for microchromosomes (mean of GC content of all
489 microchromosomes), and 0.41 for the Z chromosome. The average conserved rate for
490 macrochromosomes, microchromosomes, and the Z chromosome was then estimated using
491 *phyloBoot*. Finally, we generated a list of conserved elements using phastCons with the *--most-*
492 *conserved* flag. Elements smaller than 20 bp and larger than 5000 bp were subsequently filtered
493 out.

494 We also generated a second set of conserved elements using the zebrafinch, *Taeniopygia*
495 *guttata*, genome as the reference to get a list of elements that were not biased to the chicken
496 genome. We used the same neutral rate and conserved rates generated from above to run
497 phastCons with the alignments referenced on the *T. guttata* genome. We considered *T. guttata*
498 chromosomes 1 through 12, including 1A and 4A, as macrochromosomes, and the remaining

499 non-Z chromosomes and scaffolds as microchromosomes. We used *halLiftOver* command of the
500 HALtools package to lift over the *T. guttata* coordinate system to the galGal7b coordinate
501 system. Fragmented regions were merged with a gap tolerance (-d) of 5 bp, and then elements
502 less than 20 bp and greater than 5000 bp were filtered out.

503 All five datasets were merged into one and elements less than 20 bp and greater than
504 5000 bp were filtered out from this combined dataset. The dataset was annotated for which of the
505 five datasets the element included the element (Supp. Fig. 16), whether the conserved elements
506 were located in exons, introns, or intergenic regions, whether they were located in known ATAC-
507 seq peaks for chicken (see below for methods for ATAC seq), what fraction of the bases were
508 considered conserved in the per-base conservation score from Feng et al. (2020) for 363-way
509 alignment of bird genomes, and phyloP conservation scores. For phyloP conservation scores, we
510 used alignments of each conserved element and then used the CONACC mode using an LRT
511 method implement in phyloP. Elements with phyloP scale scores greater than 20 were omitted
512 from further analysis. We also filtered elements that had both high phyloP conservation scores
513 (>0.6) and low fraction of sites conserved (<0.3). This dataset constitutes the final dataset of
514 conserved elements.

515 To compare the avian elements to those in mammals to assess patterns of convergence,
516 we projected the mammalian phyloP conservation scores from the Zoonomia mammalian
517 alignment¹⁹. We converted the bigwig file to wig format using UCSC *bigWigToWig* program.
518 Using a q-value of 0.05 after performing a Benjamini-Hochberg (BH) correction⁸⁰ on the PhyloP
519 p-values, we extracted the list of sites that are conserved in mammals. These sites were then
520 converted from human coordinates (hg38) to chicken coordinates (galGal7b) using the tool
521 liftOver. Overlap of successfully lifted over sites with the avian conserved elements was assessed

522 using bedtools intersect function. Elements that were not lifted over were labelled as NA while
523 those elements with conserved fractions greater than 0.3 were assumed to be conserved in both
524 mammals and birds.

525 Generating list of ATAC-seq peaks

526 Along with a data set of conserved elements, we also gathered a list of ATAC-seq peaks
527 to delineate elements that are in open chromatin regions versus closed chromatin regions. For
528 this we gathered published chicken ATAC-seq files from eleven studies encompassing 36 tissue
529 types from different embryonic developmental stages that were uploaded to the SRA database
530 (Supp. Table 4). Altogether, we had 101 fastq files including replicates for each tissue type. We
531 used NGmerge (<https://github.com/jsh58/NGmerge>) to remove adapters and clean up fastq files
532 and then used bwa v0.7.17⁸¹ to map each fastq file to the galGal7b reference genome. We used
533 Genrich (<https://github.com/jsh58/Genrich>) to call ATAC-seq peaks. We ran Genrich in ATAC-
534 seq mode with PCR duplicate removal mode for each tissue type and also one run using all tissue
535 types together. Using all files to call peaks facilitates confident calling of peaks present in
536 multiple tissue types. We then used bedtools intersect with the -v flag to get peaks that are unique
537 to each tissue type and not present in the combined Genrich call. Finally, we merged all the
538 unique elements to generate the final ATAC-seq bed file.

539 We annotate the ATAC-seq bed file using bedtools *annotate* to create a matrix of
540 presence/absence of ATAC-seq peak in any particular tissue. To visualize the relationships of the
541 ATAC-seq peaks we used the presence/absence matrix as an input for iqtree2⁸² with a MK model
542 with ascertainment bias to generate a tree.

543

544 Running PhyloAcc

545 We filtered our list of conserved elements to those not occurring only in exons using
546 bedtools intersect resulting in a list of conserved non-exonic elements (CNEE). For CNEES in
547 each chromosome, we generated a maf alignment using hal2maf from HALtools with *Gallus*
548 *gallus7* as the reference genome. We used the `--noDupes` flag to output only a single sequence
549 for each species in case there were paralogs and `--noAncestors` flags to only include sequences
550 from the tips. For each maf alignment, we used a custom script to generate fasta alignments for
551 each CNEE (https://github.com/subirshakya/phast_scripts). We then used another custom script
552 to concatenate the fasta alignments of all macrochromosomes, all microchromosomes, and all Z
553 chromosomes CNEEs. Here we also filtered any elements that were missing more than 10% of
554 taxa (Supp. Fig. 17). We omitted the elements from the W chromosome due to the absence of W
555 chromosomes in many of the genomes used. We used the concatenated alignment and the neutral
556 rates generated above as input for PhyloAcc³³. Three instances of PhyloAcc were run using the
557 species tree mode for macrochromosomes, microchromosomes, and Z chromosomes. All species
558 for clades with shifts to short tarsus length were used as target species. *Gavialis gangeticus* was
559 set as outgroup taxon.

560 We subset the full dataset based on Bayes factor of 10 or greater for the comparison
561 between the null model (with no acceleration allowed), and the target-lineage model (where
562 acceleration is allowed in only the focal/target lineages). PhyloAcc includes an assumption of
563 Dollo's irreversible evolution hypothesis^{33,83,84} as such a shift to acceleration at one branch
564 means all subsequent child branches for that node will also be in accelerated state. Hence, we
565 consider acceleration at the base of target clade as a sign of acceleration of all focal taxa within
566 that node. We used this to retain elements where all members of the accelerated focal clade (or

567 more than 3 penguins) are accelerated (short-tarsi broad dataset). Subsequently we identified a
568 subset of accelerated elements where the Bayes factor for the comparison between the target-
569 lineage model (where acceleration is allowed in only the focal/target lineages) and the
570 unrestricted model (where acceleration can occur anywhere) was at least 5, indicating more
571 support for the target-lineage than the unrestricted model (short-tarsi specific dataset).

572 Changes in ATAC-seq peaks

573 While we can identify elements that overlap with ATAC-seq peaks from chicken, we do
574 not have information whether a region is in open or closed chromatin regions in other species.
575 One approach to predict open chromatin region in disparate species using known ATAC-seq
576 profiles is TACIT, a machine learning framework developed by Kaplow et al. (2022). We used
577 open regions from Hindlimb HH18 stage in chicken and emu, *Dromaius novaehollandiae*,⁴⁴ for
578 our positive dataset. For emu, we mapped the fastq files to the emu genome, droNov1, using the
579 methods described above for chicken. For all datasets we used sequences that were 500 bp long
580 measured from the center of the peak for each ATAC-seq peak. We only selected one peak if two
581 peaks were within 500 bp of one another to prevent counting the same peak twice. For the
582 negative dataset, we used peaks that are present in chicken but absent in emu and vice versa. For
583 this, we used *halLiftOver* command of the HALtools package to lift over the chicken coordinate
584 system to emu coordinate system and vice versa for the respective fasta files of ATAC-seq peaks.
585 Fragments that are within 100 bp were merged in the lifted over files. We then kept elements that
586 were between 400-600 bp and then reformatted them to be 500 bp long by selecting the center of
587 the sequence and extending out. We then used bedtools intersect to get peaks in chicken that do
588 not overlap with emu peaks and similarly, emu peaks that do not overlap with chicken peaks. We

589 combined these two to get the negative dataset. We filtered out any peak in both the positive and
590 negative dataset that overlapped with coding regions.

591 For training, validation, and evaluation in the machine learning framework, we divided
592 the dataset into three parts based on the size of the chromosome. The training dataset contained
593 elements from the largest two chromosomes in both chicken and emu. The validation dataset
594 contained elements from the third largest chromosome and then the evaluation dataset contained
595 elements from the fourth largest chromosomes. We then cycled through the remaining
596 chromosomes in the same pattern. This was done for both the positive and the negative dataset.

597 We then used the code from ²⁰ to train the model. We used five convolution layers with
598 450 filters of width 7, stride 1, L2 regularization of $1e^{-7}$, and dropout of 0.2 followed by a max-
599 pooling layer with 300 filters with width and stride 26. The model used was stochastic gradient
600 descent with a cyclic learning rate and momentum, where the learning rate range was 0.00001 to
601 0.01, the momentum range was 0.90 to 0.99, and the number of cycles was 2.5. We used a batch
602 size of 128 and we ran the model for 20 epochs, while checking for convergence.

603 Once we had our trained model, we then generated fasta files for all accelerated CNEEs
604 for all species in our alignment. For this, we created a fasta file of the center position of each
605 accelerated element for chicken and then used *halLiftOver* to convert this position to the
606 coordinate system of every species in our alignment. Then we extended the position of each
607 position to create a 500 bp region and extracted the 500 bp region from the respective genomes.
608 We combined all these sequences to use as input for evaluation using our model. We get a
609 probability of being present in an open-chromatin region for each CNEE for each species. We
610 then compared the probability of being in a peak in an accelerated lineage to those in non-

611 accelerated lineages to find elements where there have been changes in open chromatin profile
612 that correlated with acceleration.

613 *GO statistical overrepresentation test*

614 We identified the genes 10,000 bp upstream and downstream of each element to get a list
615 of genes around accelerated elements. This list contains genes that are potentially regulated by
616 the elements around them. We used PANTHER⁸⁵ to perform a statistical overrepresentation test
617 of genes around accelerated elements. We used the dataset biological process dataset
618 (GO:0008150) for *Gallus gallus* (organism 9031) for GO classification. Since the genes around
619 CNEEs are not randomly represented throughout the genome, to create a baseline approximation
620 for overrepresentation, we generated a list of all genes near all CNEEs for the reference list. We
621 did 1000 iterations where we subsampled the same number of CNEEs from the full CNEE
622 dataset as the test state and used the genes around the elements. We then compared the observed
623 value for number of genes in each pathway to the distribution of 10,000 random repeats to
624 calculate and approximate p-value of significance and calculate enrichment scores. GO
625 categories with a p-value less than 0.05 were considered overrepresented. This process was done
626 for both the full dataset and ingroup dataset. Since most GO categories contain overlapping sets
627 of genes, we used a Gene Ontology (GO) semantic similarity matrix to categorize
628 overrepresented categories into clusters. This was done by creating a similarity matrix using
629 *GO_similarity* function of the *simplifyEnrichment* package⁴⁵ in R. We then used the *simplifyGO*
630 to cluster the GO categories using a binary cut clustering algorithm⁴⁵.

631 *Test for convergence in accelerated elements*

632 To test for convergence in accelerated elements, we performed pairwise hypergeometric
633 tests for each group of short-tarsi focal clades. We also selected four representative outgroups,
634 which have proportionally similar total branch lengths within the clade and are relatively
635 equidistant to the other ingroup clades as the representative ingroup clade. For bulbuls, we used
636 the clade containing *Sturnus vulgaris* and *Ficedula albicollis*; for swallows, we used clade
637 containing *Emberiza elegans*, *Molothrus ater*, *Setophaga coronata*, and *Diglossa brunneiventris*;
638 for kingfishers, we used clade containing *Pogoniulus pusillus* and *Colaptes auratus*. We do not
639 have any clade with similar taxonomic breath as penguins, so we used a clade containing only
640 two species *Sterna hirundo* and *Pluvialis apricaria*, while acknowledging the shortfalls. To get a
641 list of accelerated elements in the outgroup clades, we first subset the full dataset based on Bayes
642 factor of 10 or greater for the comparison between the null model (with no acceleration allowed),
643 and the full model (where acceleration is allowed in only all lineages). We then filtered this set of
644 accelerated elements to retain elements where all members of the accelerated focal outgroup
645 clade are accelerated. We then used Fisher's exact test to compare the number of accelerated and
646 convergent elements in the focal groups with those of the outgroups to estimate whether there is
647 an increased number of accelerated elements in the focal groups. We performed six pairwise
648 tests, four three-way comparisons, and one four-way comparison.

649 Hindlimb development and changes in motifs sequences

650 To create a list of genes associated with hindlimb development, we used the schemes in ⁴³
651 for early embryonic development of limb buds and bone development. For each gene, we
652 identified elements near the representative genes and categorized them based on presence in one
653 of the four target lineages. Next, we used the JASPAR vertebrates CORE non-redundant motif
654 file ⁸⁶ to find motifs that correspond to the genes identified for hindlimb development. We then

655 used me MAST program in the MEME Suite v5.2.2 package, using default settings, to locate the
656 motifs in the alignments for the identified elements^{87,88}. We then looked for elements where
657 acceleration and motif gain/loss are correlated.

658 Positive selection analysis

659 We also tested for positive selection in lineages associated with short taxa to contrast with
660 results from acceleration in regulatory CNEEs. To get an alignment of protein coding loci we
661 used TOGA¹⁵ to annotate all 77 genomes, excluding the two chicken genomes, using the
662 annotation of the galGal7b chicken genome. TOGA uses a machine learning and synteny based
663 approach to infer orthologous regions of the genome. For every species, we used a chain file
664 between that species and the chicken, that was extracted from the 79-way cactus alignment.
665 Briefly, we used halLiftOver to convert the alignment to a psl file. We then forced positive
666 strandedness in the psl file using pslPosTarget (UCSC). Finally use used axChain (UCSC) to
667 convert the psl file to a chain file. This chain file and all the annotated coding sequences of the
668 chicken genome were used as inputs for TOGA.

669 We used the TOGA outputs to generate a list of genes labelled one2one, one-to-one
670 orthologs, from all 77 genomes. We also included one-to-one genes where in some taxa the gene
671 was not found, labelled one2zero. Similarly for species with genes labelled one-to-many, we
672 excluded these from the final list of genes but kept all the other species with one-to-one
673 orthology. We kept the largest transcript for each gene and dropped any gene with fewer than 15
674 taxa represented. We then used a codon-aware aligner, macse v2⁸⁹ to align all the genes. We
675 filtered bad codons and misaligned species using a filtering algorithm

676 (<https://github.com/gwct/murine-discordance/blob/main/scripts/03-selection->

677 [tests/08_aln_filter.py](#)). We further processed the alignments by masking misaligned codons using
678 HMMCleaner⁹⁰. We used the four cost parameters -0.25, -0.20, 0.15, 0.45 for HMMCleaner.

679 For assessing positive selection, we used aBS-REL v2.3⁶⁴. We ran aBS-REL while
680 accounting for variable synonymous substitution rates⁹¹, with a guide tree based with the
681 topology based on the neutral tree used for PhyloAcc. We then filtered for genes with signs of
682 positive selection in branches that included our focal clades with a corrected p-value that was
683 significant. aBS-REL uses a Holm-Bonferroni correction⁹² to correct for multiple tests. We also
684 filtered out genes where there were fewer selected branches in the focal short-tarsi groups than
685 outgroups. We then performed a GO statistical overrepresentation test as described previously to
686 find genes in enriched GO categories. We repeated the same procedure for the outgroups (used
687 previously for elements) and used Fischer's exact test to test for convergence in selection in
688 coding sequences.

689 McDonald and Kreitman tests for selection

690 We also used an imputed McDonald and Kreitman test for selection⁶⁶ to infer selection
691 among short-tarsi lineages. For this, we only used bulbul and swallow as whole genome
692 resequencing data is only available for species within those two lineages. For bulbuls, we used
693 the population level resequencing data for *Brachypodius melanocephalos* from³⁴ and for
694 swallows, we used data for *Hirundo rustica* from³⁵. We realigned all the individuals to the
695 reference genome using snpArcher⁹³. For bulbuls, we subsequently dropped birds from small
696 islands as the effects of genetic drift can affect subsequent results. Similarly, for swallows, we
697 only used the individuals of the subspecies *rustica* to avoid issues from population structure and
698 dropped one individual, SAMN18196751, due to the high degree of missing data. The following

699 filters were applied to the variant call files (VCF) – kept only biallelic sites, indels were
700 removed, removed sites with more than 25% individuals missing.

701 For the imputed MK test, we need polarized VCFs. To achieve this, we used an outgroup
702 sequence to polarize all the SNPs within each vcf file. For bulbuls, we used *Sylvia atricapilla*
703 (Genbank Ref: GCA_009819655.1) as outgroup, while for swallows, we used *Acrocephalus*
704 *scirpaceus* (Genbank Ref: GCA_910950805.1) as outgroup. We used the alignments from Cactus
705 to generate a maf file for the whole genome alignment between the two species. We then
706 converted this maf file into a vcf file using base by base comparisons between the two species.
707 We filtered out indels and missing sites from the vcf file of the outgroup and then used bcftools
708 merge to combine the outgroup vcf to the population resequencing vcf file. We then used vcfdo
709 (<https://github.com/IDEELResearch/vcfdo>) to polarize the vcf files. We added a second outgroup
710 to each vcf file for the MK test, *Phylloscopus trochilus* (Genbank Ref: GCA_016584745.1) for
711 bulbul and *Eremophila alpestris* (Genbank Ref: GCA_009792885.1) for swallow. We then used
712 degenotate (<https://github.com/harvardinformatics/degenotate>) to perform the imputed MK test.
713 For degenotate we used protein coding annotations identified by TOGA as input. We only kept
714 the largest transcript of each gene for the MK test. We then performed a GO statistical
715 overrepresentation test as described previously to find positively selected genes in enriched GO
716 categories for each species. We also did a GO statistical overrepresentation test for all positively
717 selected genes from both bulbul and swallow combined.

718 *MK test on elements*

719 We also implemented a modified version of the MK test to test for selection in the
720 conserved elements. For this, we calculated the number of fixed and polymorphic sites for each
721 element and then compared these to the number of fixed and polymorphic sites of the

722 synonymous bases in the coding sequence of the nearest three genes. We calculated direction of
723 selection and p-value for each element and compared those values for accelerated elements in
724 bulbuls and swallows respectively. For positively selected elements, we performed a GO
725 enrichment analysis for genes that are within 10,000 bp of these elements, using the approach
726 described in the previous section for elements.

727 We also performed a selection test for each gene based on the conserved element
728 environment around the gene. For this, we selected all elements within 10,000 bp of each gene,
729 including elements contained within the intronic regions of the gene. We filtered out elements
730 that were accelerated in the outgroup branch to omit a potential source of false positives. We then
731 summed up the number of fixed and polymorphic sites of each of the conserved elements and
732 calculated a p-value, direction of selection, and alpha for each gene. We selected genes that were
733 positively selected with a p-value less than 0.0005, with a positive direction of selection, and an
734 alpha greater than 0.5. We performed GO enrichment analysis for this set of genes for bulbuls
735 and swallows respectively.

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743 **Data availability**

744 Genome alignments, ATAC-seq calls, TOGA annotations, selection results, and all other relevant
745 data will be made available in X after acceptance of manuscript.

746

747 **Code availability**

748 All code for this study is available as a fully documented Rmarkdown file in

749 https://github.com/subirshakya/projects_rmarkdown

750

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756 the collections at the Museum of Comparative Zoology at Harvard University.

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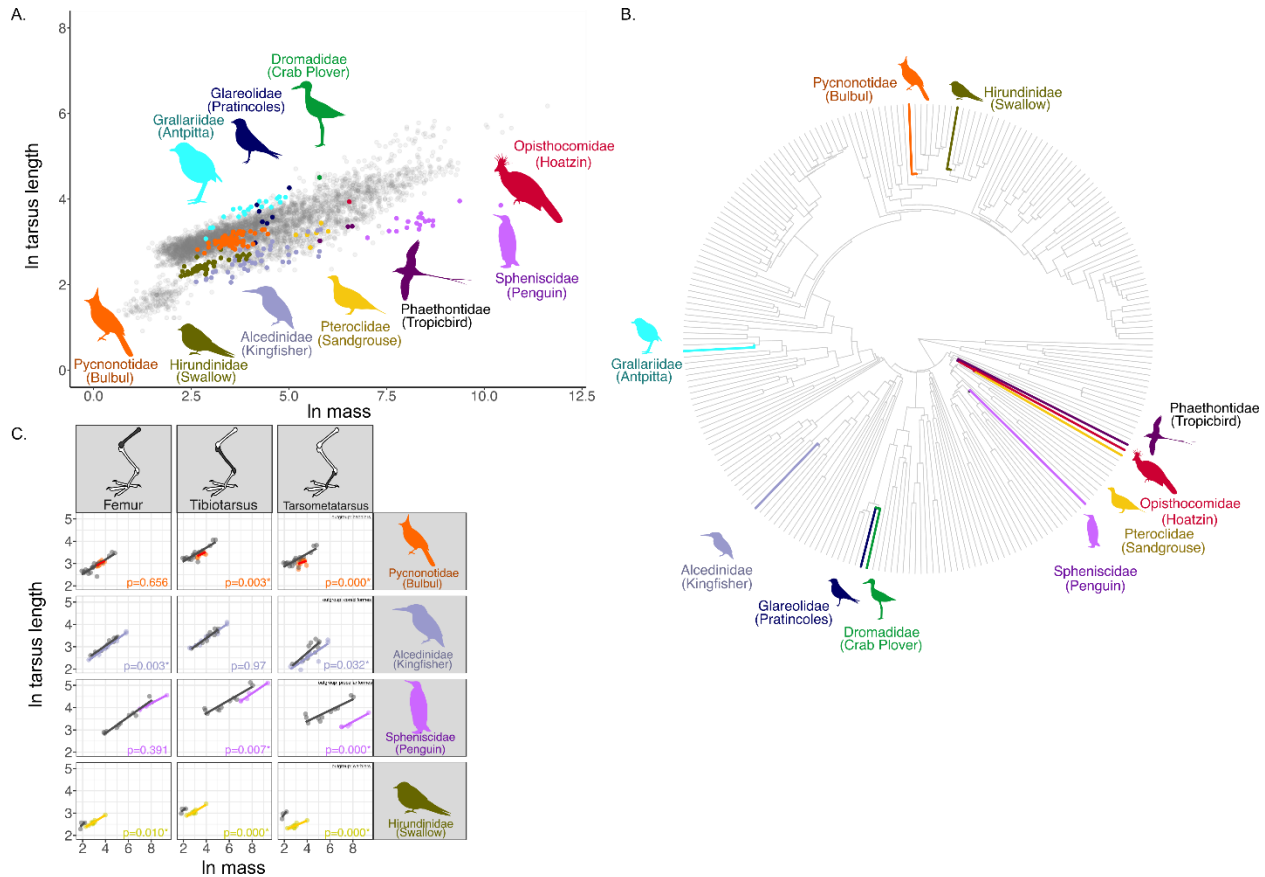
981 **Tables:**

982 Table 1: Gain of motifs among limb development genes associated with acceleration in
983 conserved elements in the respective target groups.

ID	Chicken Chromosome	Closest genes	motif	Target group
ce168790	2	<i>HOXA9, HOXA10, HOXA11</i>	Tbx4	Kingfisher
ce246503	3	<i>MEIS1</i>	Isl1	Kingfisher
ce442669	6	<i>SOX6</i>	Tbx18	Kingfisher
ce1053695	24	<i>ETS1</i>	Meis1	Swallow
ce1053695	24	<i>ETS1</i>	Fos	Swallow
ce1117607	Z	<i>SMAD2</i>	Hoxc12	Bulbul

984

985 **Figures:**



986

987 Figure 1: A) Scatterplot of log-transformed values of mass and tarsus length for all birds.

988 Highlighted families were shown to have shifts in tarsus length using an OU model implemented

989 in *bayou*. Individual species where *bayou* also showed shifts are not highlighted in the plot. B)

990 Location of shifts detected using *bayou* placed on phylogenetic tree showing one branch for each

991 of the families of birds. Families showing shifts in tarsus-size are highlighted in the tree. A larger

992 version of the figure with all tip labels is included in the supplemental files. C) Scatterplot of log-

993 transformed values of mass and lengths of femur, tibiotarsus, and tarsometatarsus of short-tarsi

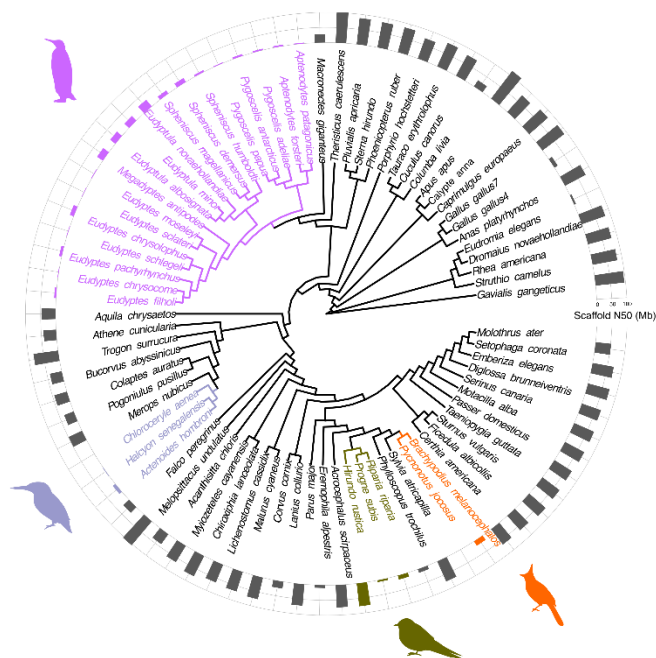
994 shifted families and their respective comparative outgroups. P-values of difference between the

995 measurements of the respective bones in focal group versus outgroups are shown for each

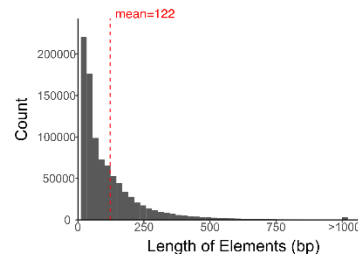
996 comparison. Values less than 0.05 are marked with *.

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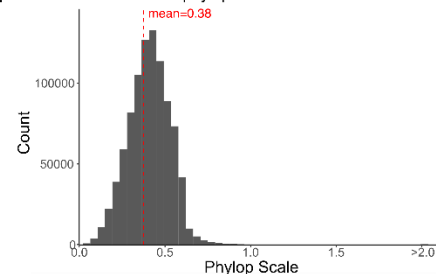
A.



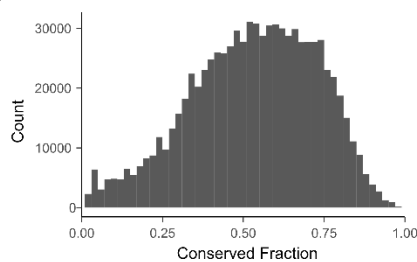
B. Distribution of length of elements



C. Distribution of phylop scale of elements

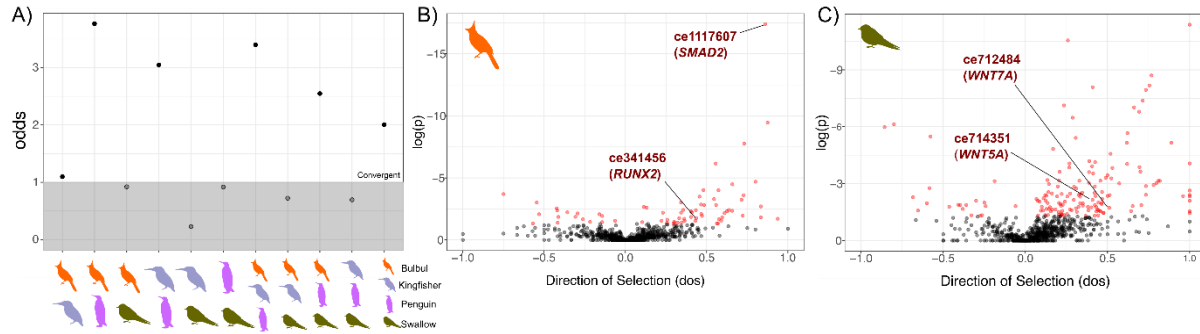


D. Distribution of conserved fraction of elements



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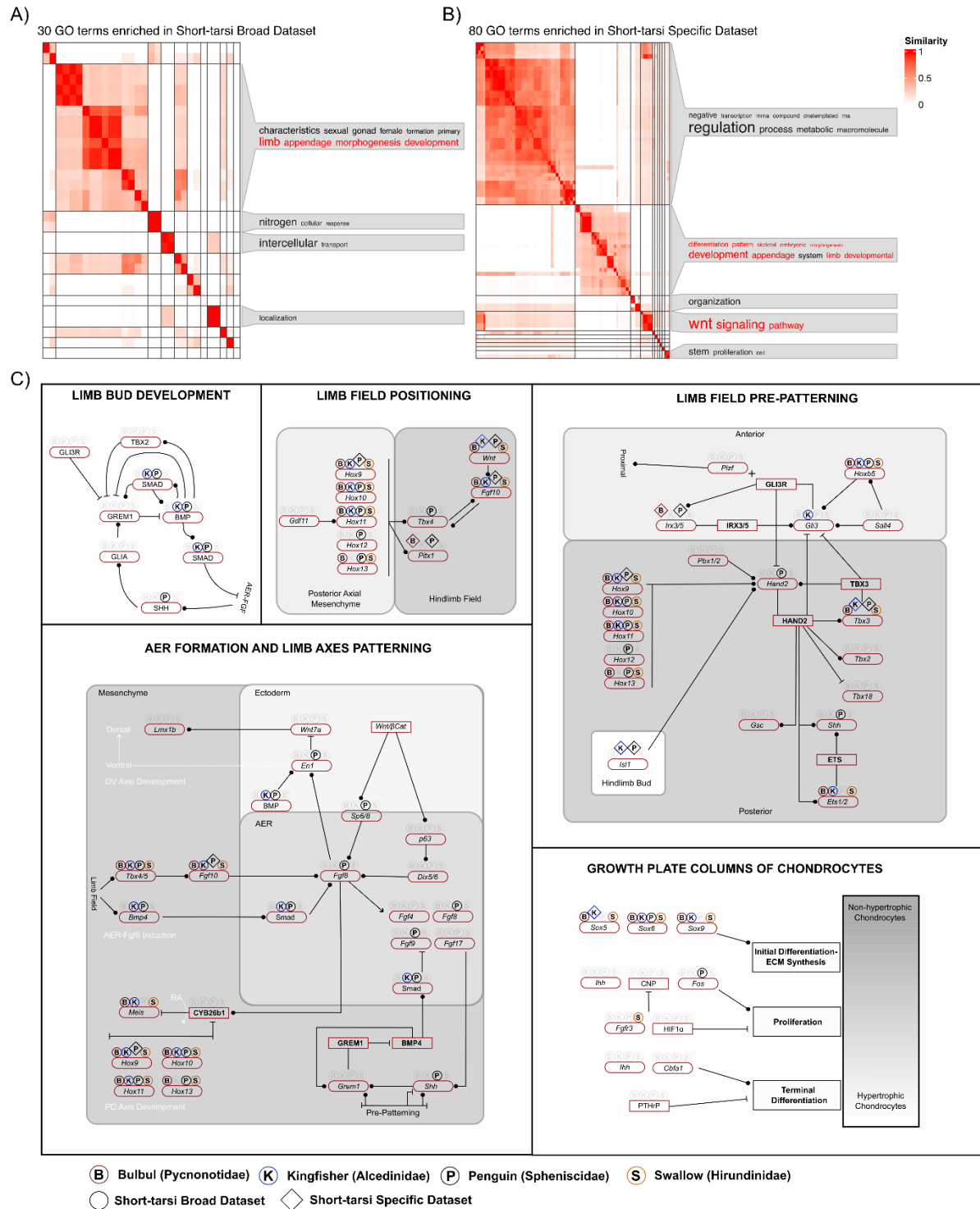
Figure 2: A) Phylogenetic tree showing samples used for Cactus alignment; focal short-tarsi shifted species are represented by respective colors. Bargraph shows N50 scores of genomes highlighting the quality of assemblies used for the Cactus alignment. B) Distribution of lengths of conserved elements. Elements greater than 1000 bp have been collated into one stack. Mean value of elements shown by red line. C) Phylop scale distribution of conserved elements showing the range of the parameter rho, representing the mean substitution rate in conserved elements relative to the neutral rate. Weighted mean value of phylop scale shown by red line. Elements with phylop scale greater than two have been collated into one stack. D) Distribution of fraction of nucleotides that is conserved in each element based on conservation based on per-base conservation scores computed from a 363 species avian whole genome alignment ¹⁴.



1010

1011 Figure 3: A) Test of convergence for shared accelerated elements between four focal groups,
1012 bulbuls, kingfishers, penguins, and swallows using comparative outgroups. Likelihood odds from
1013 Fisher's exact test for each comparison are shown with points above grey box being significantly
1014 enriched in the respective target groups than the respective outgroups. B) Direction of selection
1015 from a modified McDonald & Kreitman test for conserved elements, compared with the
1016 synonymous sites in the closest gene, among the short-tarsi broad dataset that are accelerated in
1017 A) bulbuls and B) swallows. For bulbuls, population-level whole genome resequencing data for
1018 *Brachypodius melanocephalos* was used while for swallows, data for *Hirundo rustica* was used.
1019 Significant values for elements are colored red. A few elements with genes close by that are
1020 relevant for limb development are highlighted in each plot.

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1022

1023 Figure 4: Heatmaps showing clustering of enriched GO categories in the A) short-tarsi broad and
 1024 B) short-tarsi specific dataset. Word clouds show the most common terminology in the
 1025 description of clustered GO categories. Categories in red represent terminology relevant to limb
 1026 development, limb field positioning, limb field pre-patterning, and AER formation and limb axes
 1027

1028 patterning—adapted from Zuniga and Zeller (2020) along with genes involved in growth plate
1029 formation in chondrocytes. B, K, P, and S on top of genes refer to whether a gene has a
1030 conserved element nearby that is accelerated in bulbuls, kingfishers, penguins, and swallows
1031 respectively. Rounded boxes represent genes and square boxes represent proteins/transcription
1032 factors. Direction of interaction is denoted by circular ends to represent upregulation and straight
1033 perpendicular line to represent inhibition. Abbreviation in circles represent accelerated elements
1034 that are part of the short-tarsi broad dataset while those in diamonds short-tarsi specific dataset.
1035 Multiple elements may be near any one gene.

1036